



**Kerri Sauer**  
**APRN-BC, WCC**

The role of the APRN at Westview is to function as a 'physician expander' to enhance medical services through more effective integration of medical, nursing, and rehabilitation services.

A Nurse Practitioner (NP) is available to complement, not replace, physician care to improve clinical outcomes. The NP can limit delays in treatment for work-related acute injuries.

## **OFFERING:**

- Expedited Assessment, Evaluation, Referral, Treatment and Plan of Care
- Centrally-located in the "Quiet Corner"
- Experienced in Primary Care, Orthopedic, and Internal Medicine

[www.westviewhcc.com](http://www.westviewhcc.com)

## **ROLE OF APRN**

### **1. Increased accessibility/efficiency of care.**

*The NP is available on a continuing basis. This facilitates communication and ultimately efficiency in providing care and meeting common goals.*

### **2. Availability to attend to minor problems.**

*With advanced assessment and diagnostic skills, the NP improves care through timely assessment, diagnosis, intervention or referral, and evaluation.*

### **3. Cost efficiency.**

*A NP also saves time regarding assessment and subsequent treatment to get employees back to work sooner.*

### **4. Increased health education and counseling.**

*By being available for counseling and teaching about workers' health status, health improvement strategies and self-care abilities, the NP empowers individuals to take an active role in their health and care.*

### **5. Increased quality of care and a multidisciplinary resource.**

## **SERVICES:**

- Physical Examinations
- Evaluations and Management
- Prescribing Diagnostics
- Prescribing Medication and
- Non-Medication Therapies

**Westview Health Care Center**  
150 Ware Road, Dayville, CT 06241  
860-774-8574



## **Occupational Health Services**

*Preventative, Proactive and Complete Triage Services for the Workplace*

# *An integrative approach for preventing and managing work-related injuries while educating and promoting the highest standards of health, wellness and function.*

## **INTEGRATIVE**

Westview Health Care Center's Occupational Health Services provide valuable and cost-effective options for preventing and mitigating work-related injuries and Workers' Compensation claims. Our therapists and trainers provide on-site, individualized assessments, training and education in order to make the workplace, and workers, more efficient, safe and injury-free.

As a "5 Star" health care facility, Westview is expertly qualified in offering a multitude of therapy services including:

- **Ergonomic Training and Education**
- **Nurse Practitioner Services**
- **Workers' Comp Evaluations**
- **Physical Therapy**
- **Occupational Therapy**
- **Massage Therapy**

## **IMMEDIATE**

Westview's Occupational Health Services are designed to provide a first point of contact and evaluation for your company's health and wellness needs. Westview's reputation is built upon prompt assessments, plans of care and treatment services and referrals. We gladly offer same-day appointments, Monday-Friday, and immediate reaction to our clients' health care needs.

## **EQUIPPED**

As a leader in rehabilitative care, Westview's Sports Medicine Department uses the latest in technology and research to treat a range of conditions including: acute injuries, strains, sprains, muscle, tendon and ligament tears and repairs, tendonitis, wrist, hand, knee, elbow and shoulder injuries, post-orthopedic surgery, chronic musculoskeletal disorders, overuse injuries and foot and ankle dysfunction.



**Top:** Westview's Sports Medicine gym is equipped with the latest technology and state-of-the-art equipment to meet a multitude of therapeutic needs

**Below:** Westview's Strength and Conditioning gym is designed for large compound movements and free weight exercises



## **COMPREHENSIVE**

From new hires to seasoned veterans, we're confident that your company can achieve higher safety goals and lower injury incidents with an individualized and personalized training program with the assistance and direction of Westview therapists, trainers and APRN.

With continual ergonomic assessments within each job position and their specific needs, our therapists will provide:

- **Proper lifting techniques/ body positioning**
- **Body alignment/ ergonomic training**
- **Stretching and exercise regimens**
- **Classroom education**
- **Safety recommendations**
- **Work-specific critiques**
- **Overuse/chronic injury prevention**
- **Posture assessment and recommendations**

**Don't let your employees fall through the cracks of a drawn-out Workers' Compensation claim or injury!**

Please contact Michael Panteleakos at (860) 774-8574, ext. 123 to take the next step towards a healthier, more productive, work environment with help from Westview's Occupational Health Services.